



## Helping men like Tomás change the way they treat their wives

Tomás is from the Potaro region in Guyana and is married with 10 children. He found it impossible to find full-time work and after years of frustration he eventually developed a drinking habit. Every time he came home drunk he would argue with his wife and often beat her.

But a Mothers' Union community meeting helped him learn about the harm domestic violence does to families. He was so touched by what he learnt that he confessed what he was doing was wrong and asked the group to help him change.

Today he's more caring towards his family and has found work so he can provide food for his family.

**Mothers' Union – challenging traditional views that gender-based violence is acceptable.**