

# Twiddle-muff Instructions



## Materials

This muff pattern is perfect for using up left over and odd balls of yarn.

Different textures of yarn are also good for stimulation.

Needles: 6.5mm straight needles or 8mm circular.

Beads, zips, ribbons, buckles, things that can be twiddled with, BUT will not break and are not share to touch or brittle. THEY MUST BE SEWN ON VERY SECURELY.

## Directions

**Cuff** (Twiddlemuff lining)

Cast on 40 stitches using 2 strands of double knitting wool. You could also use 1 strand of chunky wool.

Work in stocking stitch (knit one row; purl one row) for 11 inches (28 cm).

## Muff Body

Continue with stocking stitch and use up any oddments of various textures of yarn, e.g. chunky; mohair, snuggly, elkimo, ribbon and chenile.

Continue in stocking stitch until muff measures 23 inches (58.5cm). Cast Off.

## Finish and Decoration

Securely sew the long sides together, with purl side facing you. Turn the muff inside out.

Push the lining up inside the muff body and securely sew the cast on and cast off edges together - (so you have formed a double-layer tube, i.e. muff).

Decorate your muff:

Choose a good variety of decorations: beads; old zips; buckles; small knitted animals, i.e. bees; ladybirds, etc. depending on whether the Twiddle-muff is for a male or a female.

Try to include at least six decorations on the outside and four on the inside. You can add more if you like.

MAKE SURE EVERYTHING IS SEWN ON TIGHTLY SO THAT THEY CANNOT BE PULLED OFF AND THERE ARE NO LOOSE THREADS.

The bits and bobs on the inside will help sooth agitated hands and the muff will also help keep fingers warm.