



Supporting families like Sally's through the tough times

Sometimes the complexities of life – things like marriage breakdown, money worries, illness – can take over, pushing families to breaking point.

Sally's* youngest son found the separation of his parents particularly tough, often expressing this violently. Even though Sally works, financial struggles were really taking their toll on the family. She was at her wits' end.

"Thank you for our first ever holiday. It was overwhelming to see my son smile for the first time in a long time."

Mothers' Union – helping families spend some quality time together and restore relationships.

*Name changed to protect identity