



Helping mums like Violet give their children a future

Unable to find work, Violet and her family lived a hand to mouth existence in Zambia. In years of poor harvest, they simply starved. It's hard to imagine the daily heartbreak of struggling to raise a family while never knowing where their next meal might come from.

With Mothers' Union she learnt how to plant pumpkins for her family to eat, and how to dry the leaves to sell. With this income she started a small baking business, earning enough to send her children to school.

No longer fearing hunger and with her children realising their potential, Violet feels confident and proud about her family's future.

Mothers' Union – teaching business skills to women so they can make a stable income.