



Rainbow Prayer Packs

available from Mothers' Union Office



RED Rape victims

We pray for all the victims of rape
 Give them love and courage and hope
 Give them the chance to trust again
 And heal them and take away their pain



ORANGE On-line abuse/grooming

For all abused or groomed to be
 On social media for all to see
 Give them discernment on who to believe
 And help them to grow without having to grieve



YELLOW Young people and Peer Pressure

We pray for all who are pressured by peers
 To be violent and abusive despite their years
 Help them to use a mind of their own
 Not what others say, on social media or phone



GREEN Genital mutilation

We pray for genital mutilation to cease
 And for those affected to live in peace
 Help them to feel valued, and not to blame
 And hold their heads up, not hung in shame



BLUE Behind Closed Doors

We pray for all who are frightened to speak
 Give them courage to be strong, not weak
 To speak to others, not hide away
 behind closed doors – we pray today



INDIGO Incest

For all affected by incest we pray
 Give them hope and courage each day
 The perpetrators, victims too
 Show them the way as only you can do



VIOLET Violence against women and girls [V.A.W.G.]

We highlight all violence against women and girls
 That sadly is prevalent around our world
 Please God it will stop – to be resolved
 And realise how awfully the whole family is involved

As members of the Mothers' Union, whose vision is of a world where God's love is shown through loving, respectful, and flourishing relationships; we lift before you the Christian mission and ministry being offered out into the communities we have all been called to love and serve in the name of the risen Christ; working towards the coming of your kingdom, today we continue to offer the prayer of our founder, Mary Sumner:

**All this day, O Lord, let me touch as many lives as possible for thee;
 and every life I touch, do thou by thy Spirit quicken,
 whether through the word I speak, the prayer I breathe, or the life I live.
 Amen.**